

# Why Executive Coaching Works!

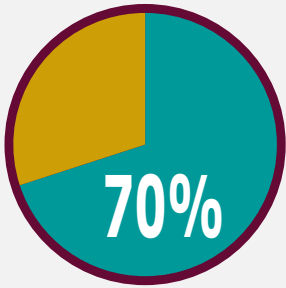
RJ Winston Consulting, Inc.

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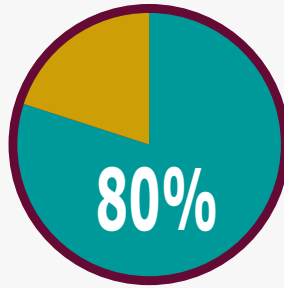


99% of CEO's & Executive Leaders who utilize an Executive Coach are satisfied with the overall experience. And, additionally.....

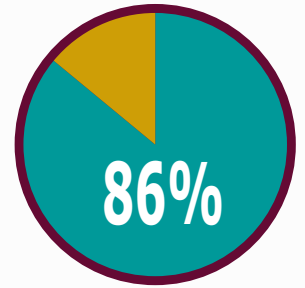
Sources: coachfederation.org "Why Coaching Works"; n2growth.com "Benefits of a CEO Coach"; td.org "The Coaching Report".



Improved Work Performance



Improved Self-Confidence



Increase in Productivity

## Our Coaching Process

- 1 GETTING TO KNOW YOU SESSIONS** to make sure RJ Winston is a good match for you. If not, we match you with another coach.
- 2 INVENTORY** of what YOU hope to achieve in Coaching Process.
- 3** Perform a **FORTE** Communications style analysis.
- 4 ASSESS** top priorities for the coaching process.
- 5 ALIGN** coaching priorities to your organizational goals.
- 6 AGREE** when there has been significant progress to move to next priority.
- 7 EVALUATE** the coaching process, strategy & progress.
- 8 ESTABLISH** a timeline & agreement of coaching process completion date.

## HOW LONG DOES COACHING TAKE?



Typically Coaching is a minimum 1 year engagement. We meet once a week for an hour for the 1st six months, then every other week for 2nd six months.



LOCATION

Greater Chicago Area



CALL US

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